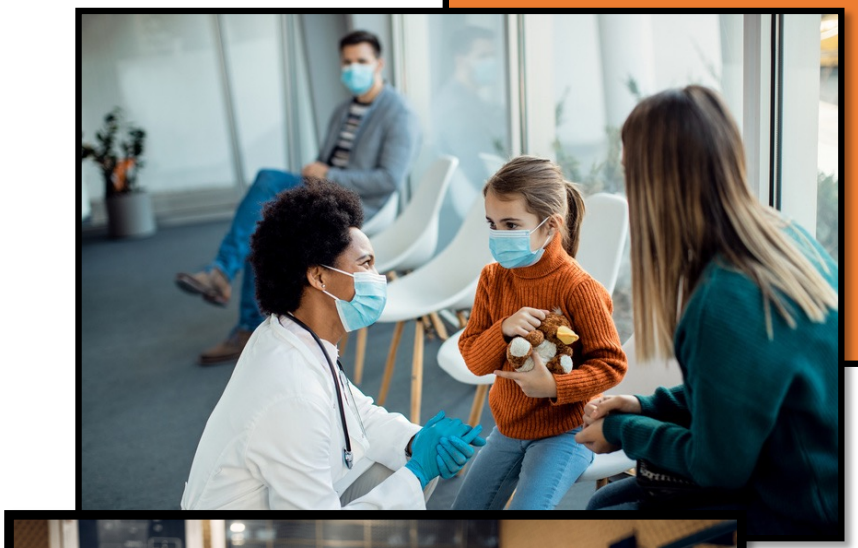
Within-OHT planning: Using small geographies to inform health system planning

Suzanne Pashley
FLA OHT Data Analyst





FLAOHT
Frontenac Lennox & Addington Ontario Health Team

ÉSOFLA
Équipe Santé Ontario de Frontenac, Lennox et Addington

About the Frontenac Lennox & Addington OHT

The FLA OHT is:

85+

health and wellness organizations

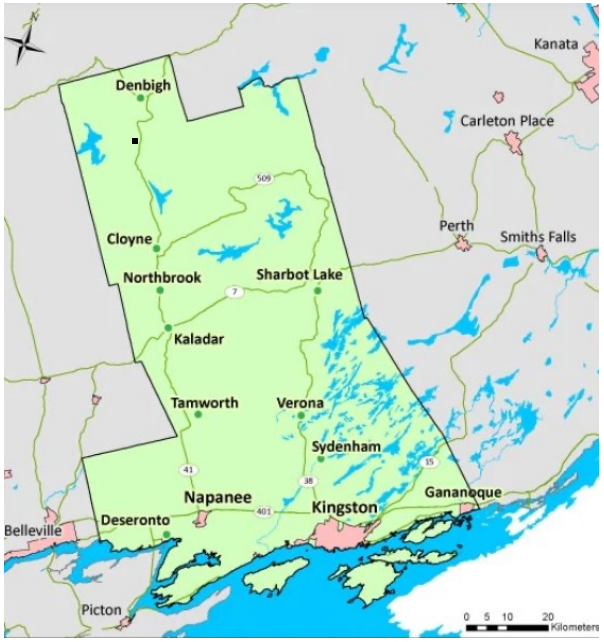
160+

Family physicians, including all primary care groups in our region

25+

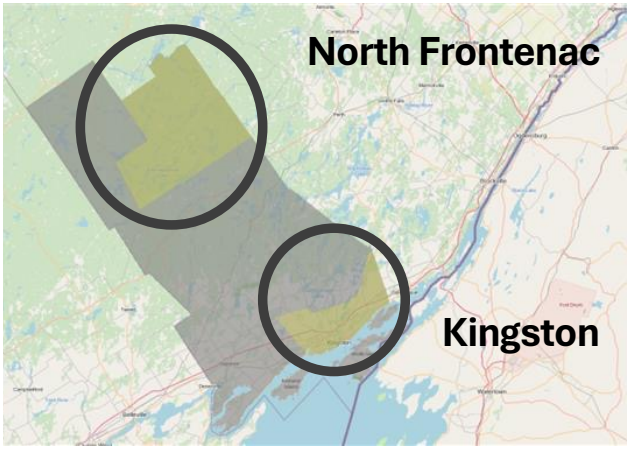
Community Council members

… working together to meet the health and wellness needs of 220,000+ people.



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One OHT, very different local realities



	North Frontenac	Kingston
Median age	62 yrs	43 yrs
French language	0.7 %	1.4 %
Median income (household)	$68,000	$79,000
Unattached	9 %	15 %
Population density	2/km^2	293/km^2
Health Home distance	23 km	1.6 km

What these differences mean for planning

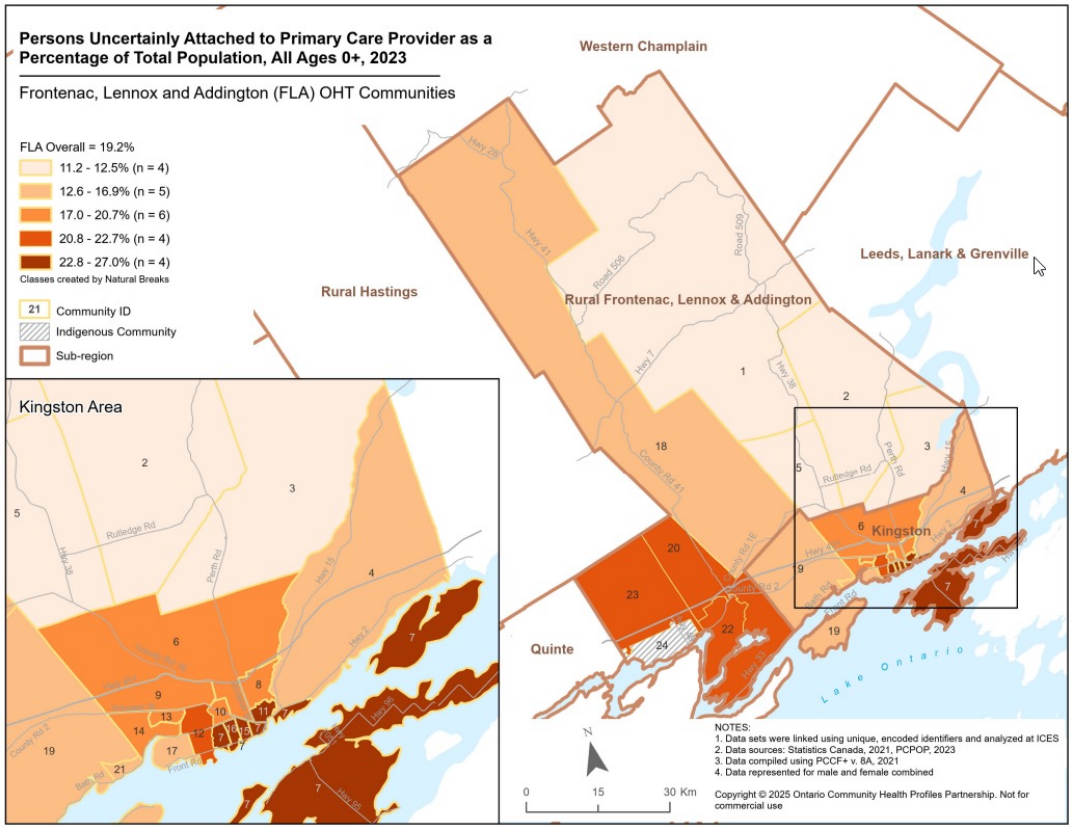
- Care delivery: Mental Health supports, home care and mobile access
- Accessible services: Translation and culturally appropriate services
- Healthy communities: Greenspace, active living and recreation
- Everyday needs: Transportation, housing and food security

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Basic Building Blocks

Why we chose Aggregate Dissemination Areas (ADAs)

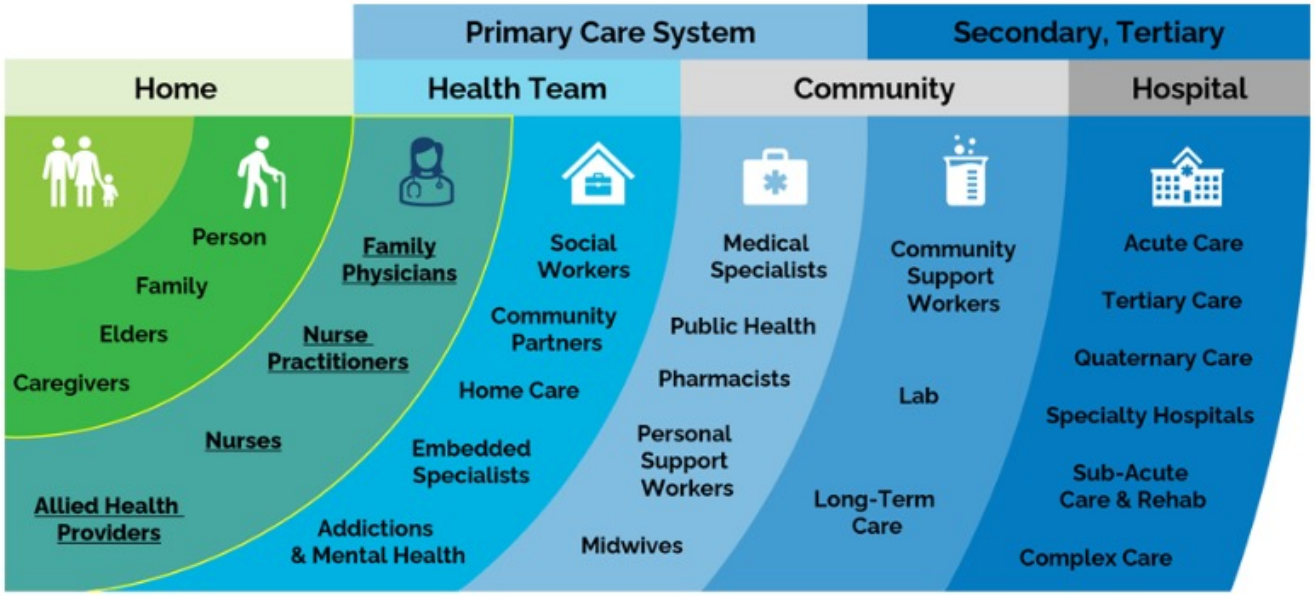
- Already used by local public health and municipal partners
- Consistent, census-based geography
- Rich population, sociodemographic and health data
- Common geography for integrating population and health system data



Data available at Ontario Community Health Profiles Partnerships OCHPP - FLA OHT

Connecting every person in Ontario to primary care

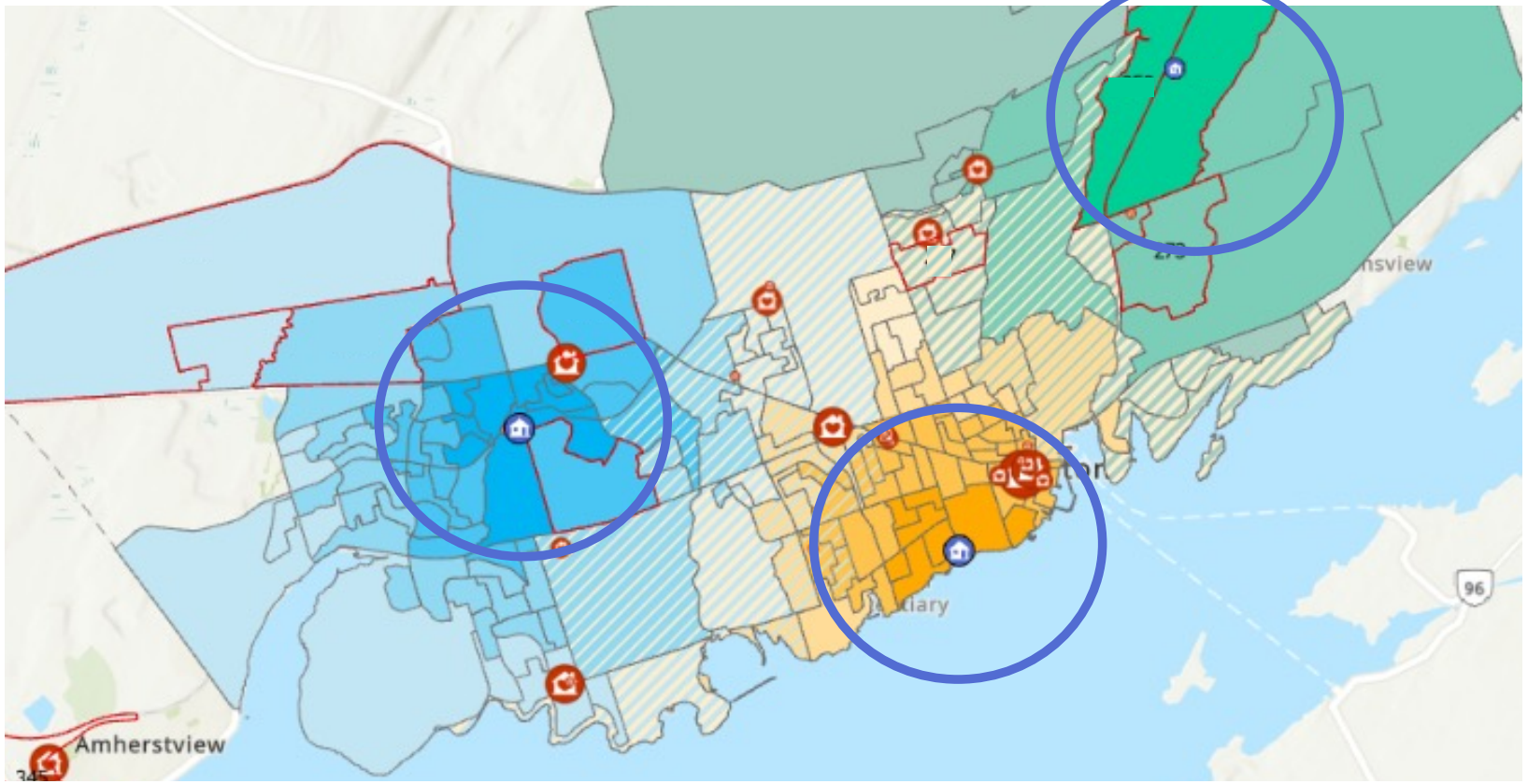
Mandate: 100% of people in Ontario are attached to a family doctor or a primary care nurse practitioner working in a publicly funded team, where they receive ongoing, comprehensive, and convenient care.



Source: Ontario Ministry of Health, *Ontario's Primary Care Action Plan* (January 2025).

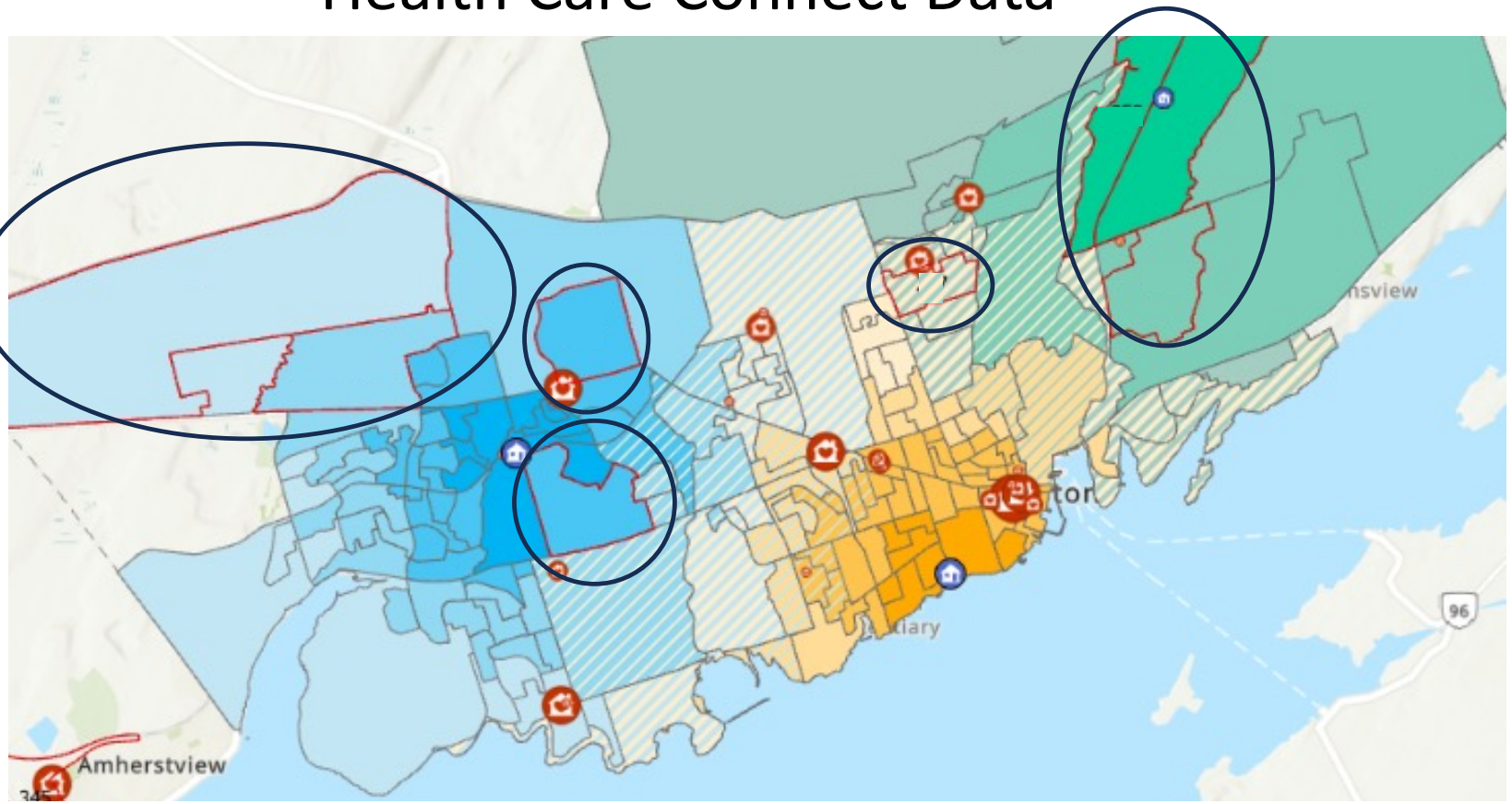
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Distance & Drive Time Analysis



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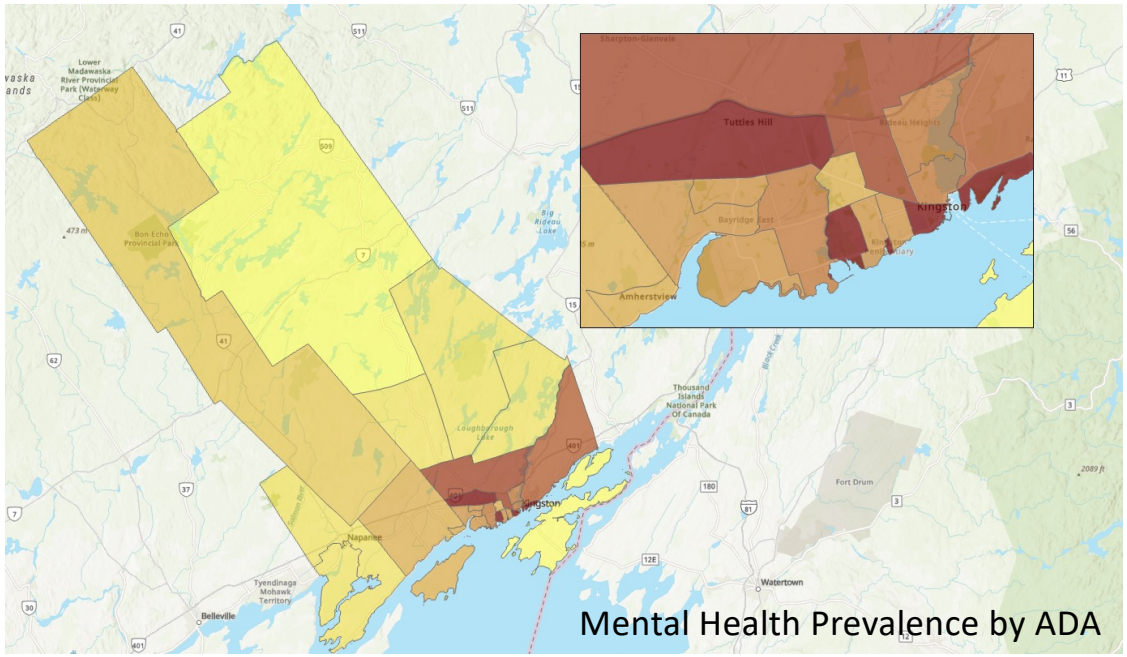
Health Care Connect Data



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Beyond Proximity: Understanding Population Needs

- Social and economic context: ON-Marg Material Resources (DA Level)
- Health needs: Chronic disease and mental health prevalence among the unattached population (ADA level)
- Planning focus: Understanding where different supports might be valuable

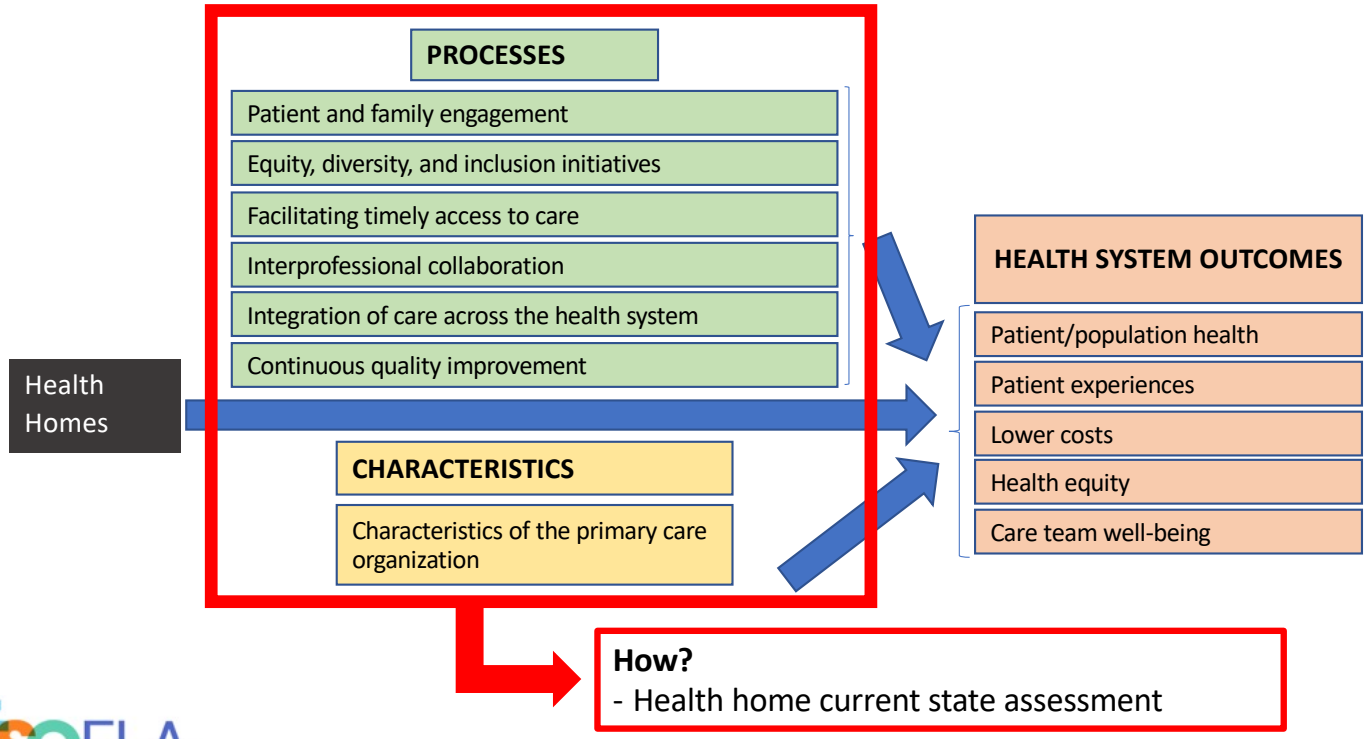


Mental Health Prevalence by ADA

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Current State Assessment

Objective: To assess health home characteristics and processes that help to explain how health homes influence health system outcomes



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The Quintuple Aim



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